

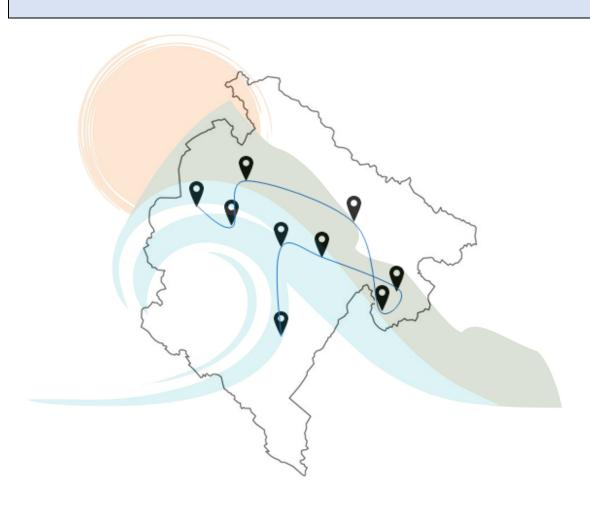
Mountains, parks and rivers of the Interior

Tour description:

Looking to avoid the crowds of tourists and discover the real Montenegro? This 10-day, off-the-beaten-track adventure itinerary provides the most unique, outdoorsy experiences that Montenegro has to offer, with a perfect mix of mountain peaks, sky-blue lakes and magnificent canyons, white water rafting and canyoning, not to mention authentic local food, farm stays with friendly families, and cultural discovery. Whether you're with your family, a group of friends or your significant other, this trip is guaranteed to please all lovers of the Great Outdoors!

Tour details:

Group: 2-8 people
Departure dates: May 1 — October 30







Full itinerary:

DAY 1 - PODGORICA, A TASTE OF MONTENEGRO

Direction the center of the capital straight from the airport. Explore the old and new parts of the city from the historic Turkish quarter to the modern "Nova Varoš", you'll find a pleasant little city with lots of green space and some excellent galleries and bars. A perfect introduction to Montenegro.

(option 0) Local craft breweries are fighting a heavy battle against famous state brand, but do they make great beer? Yes, sir! Try their varieties



and take a peak into their production process followed by some snacks of local delicatessen.

Accommodation: 4 stars apart'hotel in the heart of the capital (b&b).

Driving time: 20min from Podgorica airport (1h30min if arriving to Tivat airport)

Meals included: /

DAY 2 — EXPLORE THE MRTVICE CANYON



Transfer from Podgorica to starting point of today's walk (1h15), the Mrtvice canyon. Lesser known cousin of the Tara, the canyon follows the foot of with towering cliffs the mountains (1100m), has natural springs and abundant vegetation. The journey through Mrtvice follows an ancient stone path and lasts up to 6+ hours (12 km long but can be shorten as out and back hike, 250 m elevation difference) with views of the canyon and some hidden natural wonders. Transfer to accommodation near Komovi where you will enjoy a home-made diner, stopping to visit the 13th century Morača Monastery en-route.

Accommodation: 3* hotel in Andrijevica (b&b) – 2 nights

Driving time: 2h10min (45min from accommodation to starting

point of the hike, 1h25min after the hike to the next accommodation)

Meals included: breakfast





DAY 3 - KOMOVI HIGHLANDS

Starting from an elevation of 1600m we will climb one of the highest peaks of mountain Komovi. This "warm up" climb will take around 4 hours. The route offers a taste of everything, from settled mountain paths to rocky outcrops and spectacular views. You'll get a chance to see some of the rarer endemic plant species in this region plus mountain eagles, wild goats and other native species...

Driving time: 1h20min (40min to the hiking starting point and same transfer back)

Meals included: breakfast

DAY 4 - FLY FISHING IN PROKLETIJE, THE ACCURSED MOUNTAINS

If you are for some more hiking then: **(option 1a)** The Mojan mountain range is located on the very border with Albania. It is adorned with 14 peaks over 2k above sea level. Below one of the peaks, Veliki Mojan, there is an old katun in a plain at 1600m elevation through which a small stream flows that ends in a beautiful waterfall. The water is drinkable throughout its course. Plan is to arrive with a guide in jeep at 1600m and then conquer the peak of 2100m. Let's say 4-5h.

If not then head to next accommodation in the Grebaje valley at the foot of the Massif Prokletije (translated as the accursed mountains!). The southernmost glacier in Europe lies in Albanian part of this range.

In the afternoon, you can explore the area around Plav (meaning "flooded place") as it has many lakes and



springs and go see "Blue Eye" – a mystical hole of crystal-clear water or the cascades of Ali Pasha. Or perhaps you would like to finish this beautiful day by going fly fishing in Plav (catch and release) (option 1b), an activity for the seasoned fisherman or enthusiastic beginner. Our local experts will be there to help you and guide you.





Accommodation: Wooden mountain cabin (katun) in Prokletije National Park (halfboard).

Driving time: 50min

Meals included breakfast, dinner

DAY 5 - PROKLETIJE: INTO THE WILD



After a special breakfast of local produce, we start our day's hike. The goal is to reach the three main peaks of Prokletije (conveniently, the peaks with most meadows). You'll pass forests of Beech, fir and silicate spruce on the trail. The forest gives way to a cushion-sedge and blue grass lawn in the alpine areas near the top, enjoy the panorama view of the Karanfili peaks, Albania and Cijevna river canyon. This region is known to have one of the last remnant population of the Balkans Lynx. A full day of around 8+ hours then return transfer to

accommodation for dinner (12 km long, semi-loop hike, 900 m elevation difference).

Accommo<mark>dation: Wooden mountain cabin (ka</mark>tun) in Prokletije National Park or rural household in Bjelasica region (halfboard).

Driving time: none *unless change of accommodation

Meals included: breakfast, pocket lunch, dinner

DAY 6 - PASTURES AND LAKES OF BJELASICA MOUNTAIN

After breakfast and a 50 minutes ride, you will start the hike with your licensed guide. Hiking through the meadows and forest of Bjelasica and discovering of its beautiful glacial lakes. Duration and difficulty of the tour adjustable *optional is also the hike to highest peak Crna Glava (2139m). Overnight accommodation in a village on the slope of the Bjelasica mountain with time to relax and enjoy the scenery:



Accommodation: Overnight stay in a small traditional village in a very welcoming family (halfboard).





Driving time: 1h10min drive

Meals included: breakfast, dinner

DAY 7 - PANORAMIC DRIVE VIA TARA CANYON TO DURMITOR PARK



Today direction the Durmitor National Park. On the way you must visit primeval forest and glacial lake lying in the heart of it — one of the oldest National Parks in the world (proclaimed in 1878) Biogradska Gora. After make sure to stop at the Durđevića Tara Bridge, at the time of its completion in 1940, it was the biggest concrete arch bridge in Europe. For the not so faint hearted, there is a one of

the longest zip-line of

Europe crossing over the river. In the afternoon take an easy hike **(option 2)** to explore some gorgeous glacial lakes hidden by the dense pine forest in the area.

Accommodation: in a nice little bungalow close to the Durmitor park (b&b)

Driving time: 2h40min drive

Meals included: breakfast



DAY 8 - DURMITOR BIKING, NEVIDIO CANYONING OR PIVA MOUNTAINS HIKING



(Option 3): Today adventures on our e-bikes. With our experienced instructors/guides, get onto the bikes for a 3-4h and up to 40km circuit on Durmitor highlands, taking you to discover more amazing "Eyes of the mountain" (nickname for our glacial lakes).





(Option 4): After breakfast we will head to a special place that only a handful get to see. Nevidio

Canyon was discovered some 50 years ago, its name meaning Never seen. A place for only experienced adventurers, a very steep and narrow canyon, with some spaces only 25cm wide! This is a privilege saved for only the most passionate nature lovers. Passing through the canyon lasts approximately four hours and guaranteed to provide plenty of adrenalin! Highly qualified and experienced guides will be with you all day.



(Option 5): Hiking tour takes us to two lakes situated above 1000m of elevation. Hiking through small peaceful village, mountain katun and colourful forest with one spring on the way before reaching Malo jezero (1194m) and further up the mountain Veliko (1325m). Summer temperature of water is 16-20 degrees and lakes are rich with trouts. Trail length is around 3,5km in one direction, meaning around 7km in total.



Accommodation: questhouse near Plužine (b&b) – 2 nights

Driving time: 1h30min drive

Meals included: breakfast (if option 4 lunch)

DAY 9 - RAFTING ON THE TARA RIVER



Situated at an elevation of 1500m on the verge of the Durmitor National Park at the border with Bosnia-Herzegovina is the starting point of today's unforgettable activity. Enjoy rafting down one of the deepest canyons in the world after the Grand Canyon. The Tara River. Adrenaline rush is a guarantee on this 18 km rafting tour, with our experienced guides and truly great team. After the rafting we'll head for well-deserved lunch.

Accommodation: questhouse near Plužine (b&b).

Driving time: 1h (30min drive to the starting point of the rafting and same drive back)



Email: info@montenegro-eco.com; Website: www.montenegro-eco.com Mob|Viber|Whatsapp: +382(0)69 123 078 / +382(0)69 123 076 Adress: Moskovska 72 - 81000 Podgorica - Montenegro

Meals included: breakfast, lunch

DAY 10 — DEPARTURE

Late breakfast before saying our goodbyes - back to the airport.

For those who have a late start, we can arrange an exclusive tour of an award-winning wine cellar to sample some of the best wines the region has to offer **(option 6)**.

Meals included: breakfast

Price details: Price: From 858€ per person Details*: 6 pers: 858€ 4 pers: 908€ 2 pers: 1170€	
INCLUDED	NOT INCLUDED
 Rental car for all days (with delivery at the airport) 	 Options as specified in the itinerary
 Accommodations for all nights as specified in itinerary 	Alternative for private transfers instead of rental car (on request)
 All meals mentioned in the itinerary 	o International flights and airport taxes
 Services of a private mountain guide for Mrtvica, Komovi, Prokletije, Bjelasica hikes as specified in itinerary 	o Meals not mentioned in itinerary (lots of options available)
 Rafting, professional guide and safety equipment 	o Your own hiking equipment
 Entrance fees in national parks and monasteries 	 Drinks and personal expenses and tips
o Our on-site assistance 24/7	o Tourist tax
o Insurance for excursions *price per person, on a base of double rooms *price for 8 pax upon request	







