# Culinary and hiking discoveries in Montenegro

## Tour description:

If you are a gourmet lover, this rocky corner of the world called Montenegro is a must visit in a quest to experience all sorts of culinary delights. Whether is it delicious dairy products, organic and tasteful vegetables, those hidden treasures named mushrooms or simply good portions of meat, cuisine that will remind you of your childhood days, in Montenegro we have it all and we will treat you on this 8-day expedition to discover the taste of Montenegro. We will cover different areas and some amazing landscapes along with various types of food throughout the tour. Bon appetit!

During this trip, you will also visit picturesque villages, some ancient monasteries, and meet welcoming locals. Whether you are with your family, a group of friends or your partner, this trip will be unforgettable.

### Tour details:

Group: 3-7 people Departure dates: June 8-15, August 4-11 Fitness level required: Average



Email: info@montenegro-eco.com; Website: www.montenegro-eco.com Mob|Viber|Whatsapp: +382(0)69 123 078 / +382(0)69 123 076 Adress: Moskovska 72 - 81000 Podgorica - Montenegro Our team speaks English, French, German, Italian and Montenegrin|Serbian|Bosnian|Croatian!

## YOUR ECOTOURISM ADVENTURE IN MONTENEGRO

## Full itinerary:

#### DAY 1 – ARRIVAL IN MONTENEGRO

Upon arrival heading to accommodation in Podgorica. Dinner at traditional restaurant in cozy environment.

Accommodation – 3/4\* hotel Podgorica (halfboard).



DAY 2 – DONKEY AND GOAT FARMS AND MEDIEVAL TOMBSTONES



To start your trip, we have planned two very special visits. First heading to a donkey farm where host will treat you some traditional domestic products, and you'll get to learn about importance that this animal had throughout the turbulent Montenegrin history. Afterwards heading to a lovely goat farm home of two brothers, that are combining goat cheese production with honey making and beekeeping. There you will be

served traditional Montenegrin lunch and specialty of roasted meat and potatoes "under the bell".

Trip to Durmitor National Park, we will conclude with visits of medieval tombstones, one of UNESCO's sites as a great introduction to the story of this area.

Accommodation: 3\* apartments/bungalows Žabljak (b&b)

#### DAY 3 – DURMITOR HIKING AND LOCAL TROUT SPECIALITIES

In the morning we'll take one of the most beautiful tours through the area of mountain katuns and getting to see the life of these shepherds. Reward will come at the end of nice 11km hiking trail when we will have lunch in the area of Pošćenje village, known for its beauty with two lakes and entrance to Montenegrin most extreme canyon – Nevidio. On the menu spring trout and organic vegetables.

Accommodation: 3\* apartments/bungalows Žabljak (b&b).



## YOUR ECOTOURISM ADVENTURE IN MONTENEGRO

#### DAY 4 – MEDIEVAL LEGENDARY FORT AND CHEESE FARM EXPERIENCE

Today we'll head for a hike near Tara canyon, discovering story of ancient Pirlitor, once medieval town with high importance as it was on the trading routes and controlling the rare bridge crossings of wild Tara. Legends and stories of the place are well worth the tour as well as the view over the canyon. After the hike you'll get a chance to marvel the architectural wonder of Durđevića Tara bridge and be hosted with lunch on a farm where hosts are expert in cheese making. Trying a local dish "kačamak" as one of Montenegrin's musts will be proper way to conclude your stay in Durmitor, known for its dairy producers.

Accommodation: 3\* apartments/bungalows Mojkovac (b&b).



DAY 5 – HIDDEN LAKE HIKING AND FOREST MUSHROOMS

Today you can choose to go hiking in the area of Sinjajevina mountain, wild and vast land of forest and mountain pastures. After an easy walk in the heart of a forest we will reach glacial lake and on its shores we will prepare lunch with some of the area's most delicious mushrooms for the complete pleasure.

After the tour heading to rugged area of Kučke mountains where we will sleep in the wilderness of the mountain. Dinner will be prepared on the spot, where your guide will teach you some of his techniques.

Accommodation: mountain bungalows Kučke mountains (halfboard).



## YOUR ECOTOURISM ADVENTURE IN MONTENEGRO

#### DAY 6 – ON PATHS AND PLATES OF MONTENEGRIN SHEPHERDS

Day's quest is an easy circular trail conquering one of the peaks surrounding Bukumirsko lake, and story of the tough life in these rocky terrain with traditional Montenegrin kučki cheese, but also getting to try some nettle soup before we head south. And south lies Skadar Lake National Park, area rich with bird fauna, but also known for its delicious fish dishes.



Accommodation: guesthouse Skadar Lake region 3\* (halfboard).

DAY 7 – BEST OF SKADAR LAKE – WINE MAKING IN DIVINE SURROUNDINGS

Discovering Skadar Lake hinterlands in the morning. Different type of surroundings compared to mountainous north of the country and secluded stone village with unique story. After the 3h hike and potential swimming in the waterfalls we hit the boat to explore the Lake from the water and learn about vast diversity of birds that inhabit these wetlands.

Story of Skadar Lake cannot come without wine making tradition so for lunch you'll get to visit one of the best wineries in the region where you'll try different types of red wine, but also homemade liquors and juices.

We saved the best for the end which would be some carp, eel and other lake specialty dishes prepared on the beach, barbecue style with a glass of wine.

Accommodation: guesthouse Skadar Lake region 3\* (halfboard).



#### DAY 8 – DEPARTURE

Taking nothing but dearest memories of your gourmet stay in Montenegro along with you for a flight home.

<b>Price details:</b> Price*: From 999€ per person	
INCLUDED	NOT INCLUDED
<ul> <li>All transfers starting from Podgorica airport and back</li> </ul>	<ul> <li>Supplement for pick-up from another airport/location</li> </ul>
<ul> <li>Accommodations for all nights as specified in itinerary</li> </ul>	<ul> <li>International flights and airport taxes</li> </ul>
<ul> <li>Breakfast daily, lunch every day except day 1 and 8, dinner on day 1,5,6,7</li> </ul>	<ul> <li>Meals not mentioned in itinerary (lots of options available)</li> </ul>
<ul> <li>Two specialized guides – a licensed mountain guide and a culinary expert</li> </ul>	o Your own hiking equipment
<ul> <li>Private boat tour on Skadar Lake</li> <li>(+ entrance tickets to national parks)</li> </ul>	<ul> <li>Drinks and personal expenses and tips</li> </ul>
<ul> <li>Insurance for excursions, tourist tax and our on-site assistance 24/7</li> </ul>	
*price per person, on a base of double rooms	

