

YOUR ECOTOURISM ADVENTURE IN MONTENEGRO

The best of Montenegro

Tour description:

Looking to avoid the crowds of tourists and discover the real Montenegro? If you are in love with the great outdoors and want to discover Montenegro freely, this circuit will offer you one of the most beautiful outdoor experiences of the country. Discover breathtaking landscapes whether by foot, by boat or by car! During this trip, you will also visit charming towns and picturesque villages, ancient monasteries, and meet welcoming locals. Whether you are with your family, a group of friends or your partner, this trip will be unforgettable.

Tour details:

Group: 3-7 people
Departure dates: May 1 – October 1
Fitness level required: Good



Email: info@montenegro-eco.com; Website: www.montenegro-eco.com

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Adress: Njegoševa 9 - 81000 Podgorica - Montenegro

Our team speaks English, French, German, Bahasa, Dutch and Montenegrin|Serbian|Bosnian|Croatian!

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Full itinerary:

DAY 1 – ARRIVAL IN MONTENEGRO

Take a car and head to your accommodation either in Podgorica or towards Plužine, depending on your arrival time. Explore the surroundings, or simply soak up the tranquility of the area!

Accommodation – guesthouse Plužine or 4* apartments Podgorica (b&b).



DAY 2 – WHITE-WATER RAFTING ON TARA RIVER

To start your trip, we have planned a very special adventure: a white-water rafting down the Tara River with the best instructors in the country. At an altitude of 1500m at the edge of Durmitor National Park, experience the deepest canyon rafting in the world after the Grand Canyon! Adrenaline rush guaranteed on this descent of 18 km in the most remote part of the canyon. Your experienced guides will ensure your absolute safety and enjoyment.

Accommodation – guesthouse Plužine (b&b).



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DAY 3 – PIVA, OSTROG AND MEDIEVAL TOMBSTONES

In the morning, go through the rural countryside dotted with small mountain villages and find long forgotten medieval tombstones (also called Stećci). Then discover the unexplored part of the Komarnica Canyon by taking a boat trip on Piva Lake (3-4 hours) **(option 1)**.

Afterwards drive to the south and don't miss to visit the church and monastery of Ostrog which are situated in a cave on an almost vertical background, high up in the rock Ostroška Greda. They are dedicated to Saint Basil Ostros who died there in 1671 and is the subject of many legends. Visit the small chapel of the cave, admire the frescoes of the room on the upper level and marvel at this ideal view over the valley. An imposing natural barrier that has kept its relics safe through the years of Ottoman occupation.



Arrive at your accommodation in a small village near the beautiful Skadar Lake. This centuries-old village has a great charm. Discover one of the nearby hiking trails, explore nearby fishermen villages or take a kayak tour (at sunset) in the lake's small channels **(option 2)**.

In the evening, enjoy a hearty meal of local specialties prepared in a traditional way.

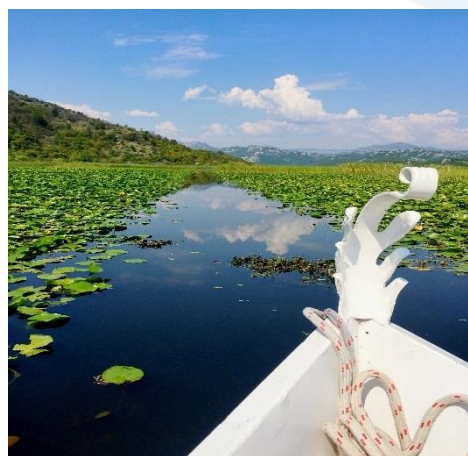
Accommodation – guesthouse Skadar Lake area (halfboard).

DAY 4 – LAKE SKADAR

Head for a 5-hour private boat trip on Lake Skadar aboard a traditional fishing boat - head for the rare Dalmatian pelicans, swim in the clear waters of the lake and visit a centuries-old monastery or simply enjoy the serenity of the area. Enjoy a hearty lunch of local specialties.

After this wonderful cruise, suggestion to visit an abandoned 14th century medieval fortress with breathtaking views of the lake.

Accommodation – guesthouse Skadar Lake area (b&b).



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DAY 5 – HIKING OR CAVE EXPLORATIONS

Option 3 – hiking

Route to Lovćen National Park. Start your hike with your guide on a trail surrounded by some of the peaks of Lovćen and be rewarded with the view at **the** top of Babina Glava (Grandma's Head), from where you can admire Boka Bay and the Adriatic Sea. In return, you will pass by several small mountain villages and then option to go to discover the famous mausoleum of Montenegrin poet and ruler Njegoš which is located majestically at the top of a mountain, followed by 461 stairs.



Enjoy the rest of the day for a walking tour of the city of Cetinje (**you can take a tour guide, option 5**), the old royal capital of Montenegro. Discover the ancient monastery of Cetinje, symbol of the freedom of the long fight of Montenegrins that lasted for centuries, admire the ancient foreign embassies of the time when Montenegro was still a kingdom. Highlight of the tour is look inside the palace of King Nikola, the seat of the Petrović royal family, a dynasty that ruled Montenegro for more than 200 years.

Accommodation – 3/4* hotel Lovćen National Park (b&b).

Option 4 – cave explorations

Cave lovers will find plenty of ornate cave decorations to enjoy, even an improvised musical instrument made of stalactites. Visit Njegoš Hall, first and only cave bar in Montenegro. For the more adventurous, get kitted up with all the necessary safety equipment then follow a qualified cave guide down into the dark interior to the underground lake. Discover more beautiful surroundings under the flashlight (the cave extends over 2.5km into the hill) then return to the surface with the glow of discovery.



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DAY 6 – LUŠTICA PENINSULA OR HERCEG NOVI, THE GATEWAY TO MONTENEGRO

Today head to one of the last untamed natural environments on the Montenegrin coast, Luštica peninsula, located between the Bay of Kotor and the Adriatic Sea. Explore the surroundings – for instance, you can go and taste some homemade produce in a traditional gathering place (called a gumno), stroll through a century's old olive grove, visit one of the two historical churches or visit to Rose fishermen's village for a relaxing day at the beach or take a walk across the peninsula passing the centuries-old olive groves. The peninsula is also surrounded by small coves and some beaches.



Other option is direction Herceg Novi. Head to your accommodation close to the beautiful waters of the Bay of Kotor. Tonight, walk along the Marina Promenade and Old Town (Stari Grad) and enjoy a meal at one of the many local restaurants.

Accommodation: Luštica or Herceg Novi 4*star hotel (b&tb).

DAY 7 – BEST OF BOKA BAY



Visit one of the most beautiful bay-side towns on the coast – Perast and the remarkable old town of Kotor for a personalised walking tour with your guide **[option 6]**. Perast's beautiful palaces echo songs of the sea, stories of captains, past and old noble families. Enjoy the architecture and one of the best views of the Bay and islands. Take a short boat cruise to Our Lady of the Rock island with its distinctive baroque church and museum. Listen to the story of this amazing island, enjoy the 17th century frescos and other works of art from famous local artists.

Established by Benedictine monks, the Abbey dates from around the 9th century and has suffered from constant attacks both by invaders and earthquakes.

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In Kotor, our licensed guide will lead you through the Sea Gate and the winding cobble stone streets to hear the secrets of the Square of Weapons. Learn about medieval Kotor craftsmanship, St Tryphon's tragic story, as well as power of prayers of the Blessed Mary of the River.

For those who want more active explorations take the kayaks and check out the view of the Bay, its coastal churches from the water, having fun and swimming on the way ([kayak rental or guided kayaking tour - options 7a, 7b](#))

Accommodation: Luštica or Herceg Novi 4* hotel (b&b).

DAY 8 – DEPARTURE

Taking nothing but dearest memories on your stay in Montenegro along with you for a flight home.

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Price details:

Price: From 699€ per person

Details*: 6 pers: 699€ 4 pers: 709€ 2 pers: 839€

INCLUDED

- Rental car for all days (with delivery at the airport)
- Accommodations for all nights as specified in itinerary
- Breakfast every day, lunch on day 2 & 4 and dinner on day 3
- Rafting, professional guide and safety equipment
- Private boat tour on Skadar Lake (+ entrance tickets to Skadar Park)
- Our on-site assistance 24/7
- Insurance for excursions

NOT INCLUDED

- Options as specified in the itinerary
- Alternative for private transfers instead of rental car (on request)
- International flights and airport taxes
- Meals not mentioned in itinerary (lots of options available)
- Your own hiking equipment
- Drinks and personal expenses and tips
- Entrance fees in national parks, museums and churches (these are included in guided tours)
- Tourist tax

*price per person, on a base of double rooms



unique authentic sustainable



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